

# **NEWS RELEASE**

FOR IMMEDIATE RELEASE

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## **Shakti Rising's Fall Harvest Celebration: FREE Classes, Gardening Workshops, and Food at Shakti's Annual Open House**

**San Diego, CA, September 8, 2008**—Shakti Rising invites you to the Fall Harvest Celebration – an annual open house featuring **FREE** classes, gardening workshops, tours of Shakti, and food, on Saturday, September 20<sup>th</sup>, 2008 from 1:00 – 5:00 p.m. Enjoy a sampling of the life changing courses offered at Shakti Rising, facilitated by expertly-trained instructors. Gardening workshops, free food, and tours of Shakti Rising will also be available throughout the day.

*Experience the gratitude, sanctuary, and celebration at Shakti's annual open house.* For more information please contact Christianne: 619-795-2673, [Christianne@ShaktiRising.org](mailto:Christianne@ShaktiRising.org).

### **LISTING INFORMATION FOR SHAKTI RISING'S FALL HARVEST CELEBRATION:**

***Shakti Rising's Fall Harvest Celebration*** – Shakti's annual open house featuring **FREE** classes, gardening workshops, tours of Shakti, and food.

**When:** Saturday, September 8, 2008 from 1:00 – 5:00 p.m.

**Where:** Shakti Rising: 2404 F Street, San Diego, CA 92102

**Cost:** FREE

**For More Information Contact:** Christianne: 619-795-2673 or [Christianne@ShaktiRising.org](mailto:Christianne@ShaktiRising.org).

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Shakti Rising is an innovative nonprofit organization working to create large scale social change by providing holistic, empowerment-based programs that facilitate individual and community transformation. Our work actively promotes community well-being by creating woman and child friendly societies that are safe, healthy, vibrant, diverse, sustainable and culturally alive. Our mission is to empower young women to uncover, rediscover, and reclaim their whole selves. For more information about Shakti Rising, please visit [www.shaktirising.org](http://www.shaktirising.org) or call 619-501-2746.